

Antara Wellness Centre

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https://postlister.com/services/health-beauty-fitness/antara-wellness-centre_i16110



Address: Pagalkhana Square, 3rd Floor, SK Tower, Above Axis Bank, No Price: Check with seller

Antara Wellness Centre is a premier Wellness Center in Nagpur offering a holistic approach to health and well-being. As a leading Nagpur Ayurvedic Center, we specialize in natural healing through authentic Ayurvedic therapies, Panchakarma treatments, and personalized wellness programs. Our expert team also conducts regular yoga classes in Nagpur, designed to help you reduce stress, improve flexibility, and enhance mental clarity. Whether you're looking to manage chronic health conditions, detox naturally, or simply embrace a healthier lifestyle, Antara Wellness Centre provides a serene space and expert guidance to support your journey.

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