

Aquam Spa Thiruvananthapuram Kerala

Contact: Khushi

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https://postlister.com/services/health-beauty-fitness/aquam-spa-thiruvananthapuram-kerala_i10949

Address:

Second Floor, Mall Of Travancore, International Airport Road, A

Price:

? 1999.00



Aquam Spa in Kerala is a luxurious wellness retreat that combines the ancient healing traditions of Ayurveda with modern spa therapies, set against the tranquil backdrop of Kerala's lush landscapes. Known for its serene ambiance and natural beauty, the spa offers a holistic approach to relaxation, rejuvenation, and well-being. Guests can indulge in a range of Ayurvedic treatments, including therapeutic massages, detoxification therapies, and stress-relief sessions, all designed to restore balance to the body and mind.

The spa features skilled therapists trained in the art of Ayurveda, using natural herbs, oils, and therapeutic techniques to provide customized treatments. The tranquil environment, with its open spaces and soothing views of nature, enhances the overall experience, allowing guests to unwind and find peace. In addition to Ayurvedic therapies, Aquam Spa often integrates wellness practices like yoga and meditation, offering a comprehensive journey of rejuvenation.

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